



A Healthier take on “Dirt Cake”

This recipe is a take on the classic dirt cake of chocolate instant pudding, crushed oreos, and gummy worms. For this tasty treat we make a parfait with alternative ingredients that mom and dad can feel good about.

What you'll need

- 1 ¼ cup Greek yogurt (plain)
- 2 Tbl. Cocoa powder (unsweetened)
- 1 Tbl. Honey or Maple Syrup
- ½ cup. Granola or crushed Graham crackers
- 1 ea Strawberry (“Strawberry LadyBug”)
- 1 ea. Sprig of fresh Mint

What you'll do

In a medium mixing bowl combine the yogurt, cocoa powder and the honey. Whisk until combined. In your parfait cup start by adding one spoonful of yogurt, tap the cup to settle the yogurt flatly on the bottom. Follow this with a layer of the crushed graham crackers or the granola. Continue by alternating these layers until all of the yogurt is used. Make sure the top layer is the granola “dirt”. Place the strawberry ladybug atop the “dirt” and garnish with the mint.

Enjoy